

PROMOTED FOR AND ON BEHALF OF CTT UNDER THEIR RULES AND REGULATIONS



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10 MILES OPEN TIME TRIAL

SUNDAY 25TH MAY 2008 – 8.00AM COURSE U47

EVENT SECRETARY

ANDREW WILCOX
11 ERMIN PARK
BROCKWORTH
GLOUCESTERSHIRE
GL3 4BD
TEL: 01452 532841
MOBILE: 07816 924988 (ON THE DAY)

TIMEKEEPERS

RON CARLTON
SHEILA EDWARDS

HEADQUARTERS

Bradstone Sports Pavillion, Friday Ham Lane, off the Spine Road, Ashton Keynes, which will be open from around 6.45 am. Toilets, changing rooms and showers are available at the headquarters.

Please do not use shoe plates within the Pavillion.

Refreshments are free but we would really appreciate donations towards the cost on the day.

Parking: There should be sufficient parking space providing you park sensibly.

SIGNING ON / NUMBERS

Read any notices displayed on the table relating to safety issues on the day before signing on.

Race numbers will be available on signing on the HQ from approximately 7.00 am onwards.

Please ensure that the numbers are exchanged for light refreshments after the event.

Allow minimum of around 30 minutes from HQ to start line and sign on at least 30 minutes before your race time.

SAFETY

In the interests of safety, Cycling Time Trials and the Las Vegas Institute of Sport, organisers of this event strongly advise you wear a hard shell safety helmet that meets an internationally accepted safety standard. This is mandatory in the case of any riders 18 years of age and under.

Riders attention is also drawn to CTT regulations in particular:

No 19 - Observance of the law

No 20 - Paced riding and company riding

No 21 - Use of motor vehicles

Riders must shout out their number when passing the finish line and should not under any circumstances approach the Timekeeper during the event.

The current Course Risk Assessment document will be on display at the HQ. Please also read and specifically note the “On the day course risk assessment” plus any other safety notice at the HQ.

GETTING TO THE START

Turn right out of the gateway to the HQ and proceed to the T-junction, where with caution, turn right on to the Spine Road. Continue to the first roundabout before the bridge over A419 (just after passing Cotswold Outdoor Sales / Gateway Centre building on your right). Turn left at this roundabout onto the old road running alongside the dual carriageway. Continue to the next roundabout, take the 1st exit (straight on) where the start is situated about 100m further on the right (approximately 4 miles from the HQ).

Allow at least 20 minutes to get from the HQ to the start.

COURSE DETAILS – U47

Start on minor road off A419 opposite entrance to Ermin Farm (GR 058995) at end of kerbstones. **Look right for oncoming traffic** and proceed South to Airfield roundabout and take the first exit onto the slip road to join A419 dual carriageway southbound.

Leave dual carriageway at Cricklade and cross the flyover **to turn at 1st roundabout** (junction with B road) and rejoin A419 northbound. Continue on this road past the spine road junction until the South Cerney / Cirencester Industrial Estate junction (opposite the old start) where you leave the A419. The finish is on this slip road approximately 50 metres before roundabout (GR 062991). Total course distance - 10 miles.

Please note: This is a course change from last year. The onus is on the rider to know the course.

For a map of the course (if viewing this on a computer) please [CLICK HERE](#).

No U-turns are permitted near to the start or finish areas. After the finish, riders should continue on and return to the race HQ.

No warming up on the course after the first rider has started.

PRIZE LIST

Scratch	“Line one”	Vets on Std	Ladies / Juniors	Team of three
1 st £10.00 + 1 x Conti Podium Tub + 1 pr of Karbona Carbon Bottle Cages (Prize Value: £85)	1 st £10.00 + 1 x Karbona Carbon Bottle Cage (Prize Value: £35)	1 st £10.00 + 1 x Karbona Carbon Bottle Cage (Prize Value: £35)	1 st £10.00 + 1 x Karbona Carbon Bottle Cage (Prize Value: £35)	1 st £5.00 each
2 nd £10.00 + 1 pr of Karbona Carbon Bottle Cages (Prize Value: £60)	2 nd £5.00 + Conti Road Saddle Pack, tube & Levers (Prize Value: £15)	2 nd £5.00 + Conti Road Saddle Pack, tube & Levers (Prize Value: £15)	2 nd £5.00 + Conti Road Saddle Pack, tube & Levers (Prize Value: £15)	-
3 rd £10.00 + 1 x Conti Podium Tub (Prize Value: £35)	3 rd £5.00	3 rd £5.00	-	-

Please Note: Scratch 1st, 2nd & 3rd eliminated from “line one” and “Vets on Std” prizes

SPECIAL COURSE RECORD PRIZE: An additional prize of a pair of Davanti full carbon time trial bars (worth £195) will be awarded to the rider who sets the fastest time and sets a new course record* across the three LVIS events taking place on the U47 in 2008.

Note: All prize money will be posted after the event

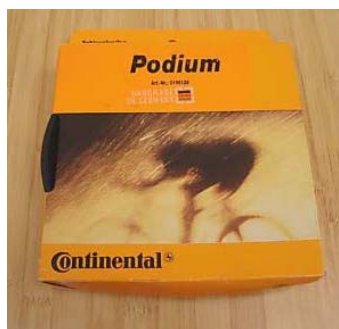
***Course record currently 19 minutes 16 seconds – set by Nik Bowdler of Farnborough & Camberley CC**

All prizes have been provided by Performance Cycles – sponsor of the Las Vegas Institute of Sport. Performance Cycles will have products and new bikes on display at our event, so please take the time to look at them and support local business.

Prizes provided include:



Karbona ‘Castle’ Bottle cages RRP: £24.95 each



Continental Podium Tub RRP: £24.95



**COURSE RECORD PRIZE
Davanti carbon aero bar package
RRP: £195**

START LIST

Cat.	Rider No.	Name	Club / Team	Start Time
T-V	1	Christine Walker	Leamington C & AC	08:01:00
T-V	2	Steve Walker	Leamington C & AC	08:01:00
S	3	Leon Gierat	Las Vegas Institute of Sport / PerformanceCycles.co.uk	08:03:00
V	4	Mike Tucker	Frome & District Wheelers	08:04:00
V	5	Stephen Marchant	Swindon RC / Total Bike / Rudy Project	08:05:00
S	6	Andy Morgan	Corinium Cycling Club	08:06:00
S	7	Martyn Green	Severn Road Club	08:07:00
LV	8	Denise Young	Science in Sport.com	08:08:00
S	9	Nathan Monk	Gloucester City Cycling Club/Rudy Project	08:09:00
S	10	Gavin Poupart	Echelon - Spiuk	08:10:00
S	11	Mark Cox	Didcot Phoenix	08:11:00
S	12	Derek Smetham	Dursley RC	08:12:00
V	13	Roger Taylor	Frome & District Wheelers	08:13:00
V	14	Chris Hart	Oxonian CC	08:14:00
S	15	Clive Lockwood	Derby Mercury RC	08:15:00
S	16	David Leighton	Severn Road Club	08:16:00
V	17	Donal Linehan	Newbury Road Club	08:17:00
S	18	Paul Coles	Chippenham Wheelers	08:18:00
S	19	Kurt Green	V C Montpellier	08:19:00
S	20	Steve Lee	www.agiskoviner.com	08:20:00
S	21	Tim Wood	Echelon - Spiuk	08:21:00
S	22	Paul O'Driscoll	Corinium Cycling Club	08:22:00
V	23	Russell Boon	V C Bristol / www.bristolcycles.co.uk	08:23:00
V	24	Dave Gaida	Reading C.C./Pro-vision/MAR services/Hale partnership	08:24:00
V	25	Matthew Burbridge	Severn Road Club	08:25:00
S	26	Michael Knight	Sportstest.co.uk	08:26:00
S	27	Chris Burch	www.banjocycles.com	08:27:00
S	28	Simon Osborne	Echelon - Spiuk	08:28:00
V	29	William Douglas	V C Sevale	08:29:00
V	30	Chris Madge	Severn Road Club	08:30:00
V	31	Tony Thorne	Bath CC	08:31:00
V	32	Paul Granger	Oxonian CC	08:32:00
S	33	Niel Dunnage	Swindon RC / Total Bike / Rudy Project	08:33:00
V	34	Neville Lockwood	Gloucester City Cycling Club/Rudy Project	08:34:00
V	35	Eddie Adkins	Bournemouth Arrow / Hotel Collingwood	08:35:00
V	36	Derek Dowdeswell	Gloucester City Cycling Club/Rudy Project	08:36:00
V	37	Kevin Turner	Chippenham Wheelers	08:37:00
V	38	Paul Bridges	Gloucester City Cycling Club/Rudy Project	08:38:00
V	39	Stewart Harrison	VC Camelot	08:39:00

Cat.	Rider No.	Name	Club / Team	Start Time
V	40	Rob Pears	Bath CC	08:40:00
S	41	Simon Healey	Andover Wheelers	08:41:00
S	42	Neil Johnson	Oxonian CC	08:42:00
V	43	Geoffrey Baker	Velo Club Bristol/Webbs Cycles	08:43:00
V	44	Stephen Gouch	Corinium Cycling Club	08:44:00
S	45	George Unsworth	Gloucester City Cycling Club/Rudy Project	08:45:00
S	46	Phil Brown	Didcot Phoenix	08:46:00
LS	47	Tracy Langlands	www.agiskoviner.com	08:47:00
V	48	Keith Williams	Oxford City Road Club	08:48:00
LJ	49	Eloise Farrow	Corinium Cycling Club	08:49:00
V	50	Stuart Wright	Planet X	08:50:00
S	51	Gerry Bowditch	Lifeforce	08:51:00
S	52	Ross Dingley	MJS Racing	08:52:00
S	53	Steve Wright	Didcot Phoenix	08:53:00
S	54	Andy Dutton	Bath CC	08:54:00
V	55	Tim Lawson	Science in Sport.com	08:55:00
S	56	George Bate	MJS Racing	08:56:00
V	57	Tom Woollard	Northovers Vets.Team/Rudy Project	08:57:00
V	58	David Gostelow	Wrekinsport	08:58:00
S	59	Philip White	MJS Racing	08:59:00
S	60	Jason Costello	Diamond-HF.com	09:00:00
V	61	John Woodburn	VC Meudon	09:01:00
V	62	Gary Bartram	Wyre Forest CRC	09:02:00
V	63	Vince Page	MJS Racing	09:03:00
J	64	Joe Page	Worcester St John CC	09:04:00
S	65	Mark Cook	Planet X	09:05:00
S	66	Tony Costello	Diamond-HF.com	09:06:00
S	67	Martin Osman	MJS Racing	09:07:00
S	68	Rob Ellis	www.agiskoviner.com	09:08:00

SPONSORED CLUBS	
Las Vegas Institute of Sport	www.PerformanceCycles.co.uk
Bournemouth Arrow	Hotel Collingwood
Diamond HF.com	Swindon Cycles / Diamond HF
Echelon	Echelon Cycles / Spiuk
Gloucester City CC	Rudy Project
MJS Racing	MJ Sections / Kwik Travel / IFP Insurance
Northovers Vets. Team	Rudy Project
Planet – X – Bikes	Planet-X
Science in Sport.com	Science in Sport
Sportstest.co.uk	Sports Test
VC Bristol	Webbs Cycles
VC Montpellier	
www.agiskoviner.com	Agisko / Viner bikes

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